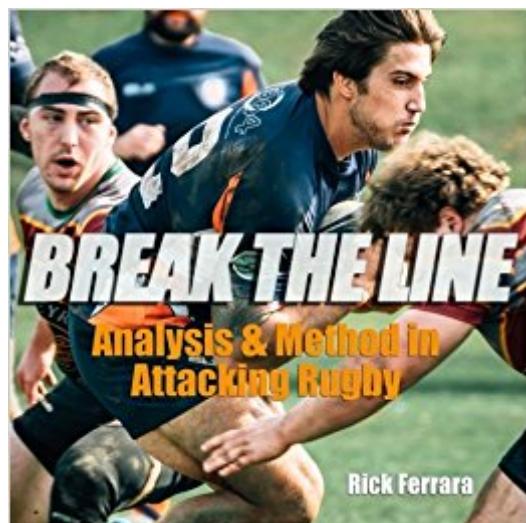


The book was found

Break The Line: Analysis And Method In Attacking Rugby



Synopsis

This is a comprehensive book of tactics for attacking in either the fifteen or sevens format of rugby union, dedicated in its entirety to the tricks and tips needed to defeat defenses in open-field play while keeping the ball in hand. With a new take on rugby diagramming, the author breaks down each rugby movement and its important steps, using color diagrams that clearly show the reader how to win each type of encounter. By being so ultra-focused, Break the Line is a guide for players of all skill levels who wish to gain some advantage in understanding what makes for sharp, efficient, and winning offense. From Simple to Complex Open-Field Tactics & Methods; Notes and Tricks to Winning Situations; *âœSpoilersâ•* that Ruin Offensive Attacks; Tips for Applying Open-Field Tactics and Philosophy to Structured Play; Strategies for Reading Defenses and Establishing Field Vision

Book Information

Paperback: 90 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (March 4, 2017)

Language: English

ISBN-10: 154232579X

ISBN-13: 978-1542325790

Product Dimensions: 8.5 x 0.2 x 8.5 inches

Shipping Weight: 8.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,268,975 in Books (See Top 100 in Books) #113 in *Books > Sports & Outdoors > Other Team Sports > Rugby*

Customer Reviews

Great analysis of many different types of rugby attacks, from the simple to the complex. Diagrams help visualize the development of the play and build on prior principals. Author speaks from experience as a player and coach. Highly recommend for anyone interested in learning how to be more effective on offense.

Good tactical book. Really spells out good ways to exploit defenses. Amazing diagrams.

[Download to continue reading...](#)

Break the Line: Analysis and Method in Attacking Rugby Break the Line: Analysis & Method in

Attacking Rugby Rugby Classics: Total Rugby: Fifteen-a-side Rugby for Player and Coach How To Build The Rugby Player Body: Building a Rugby Player Physique, The Rugby Player Workout, Hardcore Workout Plan, Diet Plan with Nutritional Values, Build Quality Muscle Rugby's Great Split: Class, Culture and the Origins of Rugby League Football (Sport in the Global Society) The Art of Scrummaging: A History, a Manual and a Law Dissertation on the Rugby Scrum - A Rugby Scrum Thesis TOUCH RUGBY: The ultimate game-sense tool to teach rugby skills and decision making while having fun Rugby Revealed: Reaching Your Rugby Potential Rugby Classics: Think Rugby: A Guide to Purposeful Team Play iCubed: The All Blacks' Winning Rugby Coaching System (iCubed: The Winning Rugby Coaching System Book 5) The End Of Chaos: Break Away From Bad Habits, Addictions And Self Destructive Tendencies Before They Break You The Break Up Manual For Men: How To Recover From A Serious Break Up, Become Stronger and Get Back Into Life Coffee Break French 4: Lessons 16-20 - Learn French in your coffee break Break Away: Jessie on My Mind (Break Away series) Power Forward: Break Away 2 (Break Away series) Bath City Break Guide (City Break Guides) Attacking Inequality in the Health Sector: A Synthesis of Evidence and Tools Disinformation: Former Spy Chief Reveals Secret Strategies for Undermining Freedom Attacking Religion and Promoting Terrorism Own the Zone: Executing and Attacking Zone Defenses Erica Whiteâ™s Beat Candida Cookbook: Over 340 recipes with a 4-point plan for attacking candidiasis

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)